

Cylichlythyr

SEMESTER 2

Pa lety ydych
chi?
Cwis y tu
mewn!

Cyfleoedd
gwaith

Gostyngiadau
Myfyrwyr ac
Syniadau
Arbed Arian

Bywyd **Aber**Life

1

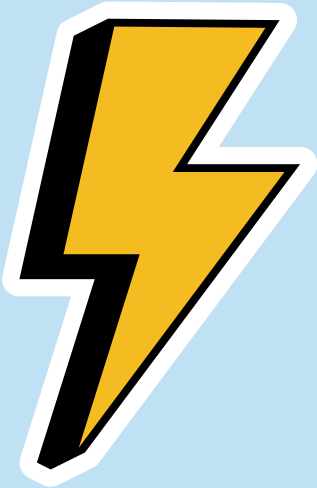
**Gwasanaeth
CP**

2

**Cymharu
Costau Bwyd**

3

**Calon
Origami**



4

**Awgrymiadau
defnyddiol ar
gyfer
Glanhau**

5

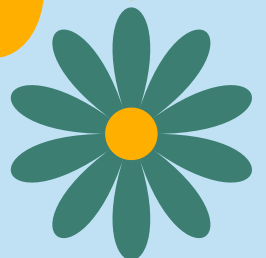
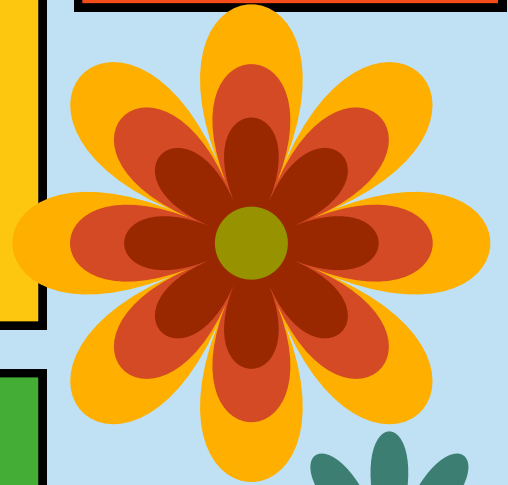
Ailgylchu

6

**Gostyngiadau
i Fyfyrrwyr**

7

Cwis

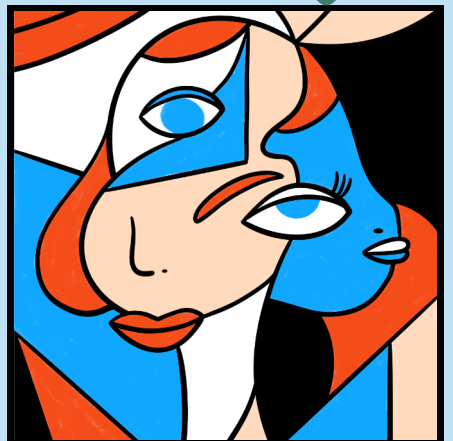


8

Chwilair

9

**Digwyddiadau
Misol**



10

**Hysbyseb Swydd
CP**

Gwasanaeth CP



Beth yw Cynorthwydd Preswyl?

Mae eich Cynorthwy-ydd Preswyl (CP) yn fyfyrwr yma i roi cymorth ac arweiniad i chi. Gallant helpu i ddatrys anghyfod fflat, rhoi cyngor ar sut i frwydro yn erbyn straen arholiadau, rhoi gwybodaeth am ddigwyddiadau a gweithgareddau o gwmpas yr ardal, neu eich helpu i ddod o hyd i'r paned gorau o de yn Aber!

Gwasanaeth Ymweliad Ardal

Ymweliadau gan eich CP yw'r rhain ac maent yn gyfle i chi siarad ag aelod o staff am unrhyw bryderon a allai fod gennych tra'n byw mewn llety. Bydd eich CP hefyd yn rhoi posteri digwyddiadau i chi.

Sesiynau Galw-Heibio

Fel mae'r enw'n awgrymu, dyma gyfle i chi 'alw heibio' a siarad gyda CP rhwng eich ymweliadau ardal. Gallwch ddod o hyd i'r amseroedd a'r lleoliadau ar gefn eich Cytundeb Cyd-letywyr ac ar ein gwefan.

Ailymweld â'r CCC (Cyfarfod Cytundeb Cyd-letywyr)

Os ydych yn cael unrhyw broblemau yn eich fflat/tŷ a hoffech gael Cytundeb Cyd-letywyr arall, gallwch ofyn am un drwy e-bostio'r Swyddfa Llety neu siarad â'ch CP.



Cymharu Costau Bwyd

Bydd yr erthygl hon yn dangos y gwahaniaeth rhwng y gost of 5 eitem allweddol (ar adeg ysgrifennu'r erthygl) oddi wrth siopau gwahanol o gwmpas Aberystwyth, ac mae'r prisiau i gyd yn brisiau sylfaenol (ni ddefnyddiwyd Clubcards). Ceisiwyd cymharu eitemau tebyg, ond, mewn rhai amgylchiadau, gall eitemau tebyg neu fesuriadau tebyg o eitemau amrywio.

| | Bara (torth Hovis feddal, wen, maint canolig) | Llaeth cyflawn (4 peint) | Hylif golchi llestri (500ml) | Coco Pops Kellogg's (420g) | Spaghetti (500g) |
|-----------|---|--------------------------|------------------------------|----------------------------|------------------|
| Tesco | £1.39 | £1.45 | 69p | £3.30 | 28p |
| Morrisons | £1.45 | £1.45 | 75p | £3.29 | 28p |
| CKs | £1.60 | £1.80 | 85p | £3.29 | £1.19 |
| Lidl | £1.39 | £1.45 | 69p | £1.19* | £28p |



*Dyma'r pris ar gyfer brand Lidl ei hun 'Choco Rice Cereal'
Sylwch y fod yr holl brisiau yn gywir ar adeg ysgrifennu hwn a gall y prisiau amrywio.

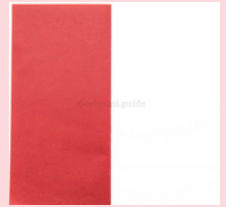
Calon Origami



Y blaen



Y tu ôl



1. Plygwch ymyl dde'r papur i'r chwith.



2. Agorwch y cam blaenorol



3. Plygwch ymyl waelod y papur hyd at yr ymyl uchaf.



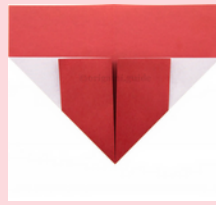
4. Agorwch y cam blaenorol



5. Plygwch ymyl waelod y papur hyd at y plygiad canol.



6. Plygwch y gornel dde isaf ar letraws tua'r chwith, a'i alinio â'r plygiad fertigol.



7. Plygwch y gornel chwith isaf ar letraws tua'r dde, a'i alinio â'r plygiad fertigol.



8. Trowch y papur drosodd i'r ochr arall, o'r chwith i'r dde.



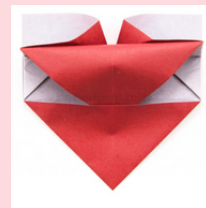
9. Plygwch yr ymyl chwith a'r ymyl dde i gwrdd yn y canol.



10. Plygwch y corneli uchaf ar y chwith a'r dde ar letraws tuag at i mewn.



11. Dewch â'r pwynt uchaf i lawr i'r pwynt gwaelod a dechrau ei wastadu.



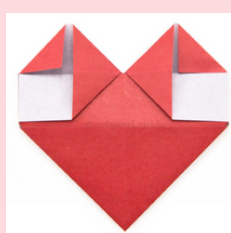
12. Rhowch y pwynt uchaf y tu mewn i'r boced isaf.



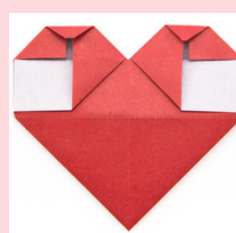
13. Dylai eich calon origami nawr edrych fel hyn.



14. Ewch ati i wastadu rhan uchaf y galon.



15. Plygwch y corneli uchaf ar y chwith a'r dde ar letraws tuag at i mewn.



16. Plygwch ddau bwynt uchaf y galon i lawr ychydig.



Dyna ni!

Gan Origami Guide

Awgrymiadau defnyddiol ar gyfer glanhau

1

Glanhâwr Lemwn a Soda Pobi

Mae cymysgu'r ddau gynhwysyn hyn yn gwneud glanhâwr gwych! Defnyddiwch y cyfuniad hwn i lanhau dur gwrthstaen, megis eich potiau, sosbenni neu sinc.

2

Dŵr a finegr



Cymysgwch y ddau hylif hyn mewn rhannau cyfartal, gan greu glanhâwr gwych ar gyfer arwynebeddau! I'w ddefnyddio i lanhau pen y gawod, cymysgwch mewn bag plastig, a'i glymu o gwmpas pen y gawod gan ddefnyddio bandiau rwber, a'i adael am 10-15 munud. Ar gyfer glanhau ychwanegol, sgwriwch ben y gawod ar ôl ei socian.

3

Glanhau eich Carped gyda Soda Pobi

Mae soda pobi yn gwneud glanhâwr carped gwych! Gallwch gymysgu soda pobi ac olewau naws a'i ysgeintio dros eich carped, yna ei sugno i sugnwr llwch. Bydd hyn yn helpu i waredu eich carped rhag arogleuon annymunol! Gallwch hefyd adael soda pobi ar staen carped am 15 munud, yna ei sugno i sugnwr llwch; ac felly'n cael gwared ar y staen!

4

Ailddefnyddio hen ddillad



Defnyddiwch eich hen ddillad (h.y. hosan, trywsus, crys wedi'i rwygo) fel clwtyn i dynnu llwch neu gadach glanhau.

5

Glanhau eich Microdon

Cymysgwch ddŵr a sudd lemwn, yna rhowch y gymysgedd yn y microdon ar bŵer uchel am 2 funud. Bydd hyn yn ei gwneud hi'n hawdd i sychu'r olion bwyd a gwneud i'ch cegin arogleuo'n beraidd!

6

Ailddefnyddio'ch Hen Frwsh Dannedd

Defnyddiwch eich hen frwsh dannedd i lanhau'r manau hynny o amgylch eich fflat sy'n anodd eu cyrraedd!



7

Gwnewch i'ch Sbwng bara'n hirach



Drwy roi eich sbwng yn y microdon am 2 funud ar bŵer uchel, gallwch ladd y bacteria a gwneud iddo bara'n hirach!

8

Cael gwared staeniau ar ddillad

Er mwyn atal staen ar eich dillad, defnyddiwch hylif golchi llestri a rhywfaint o ddŵr cynnes. Gwnewch yn siŵr eich bod yn gwneud hyn yn gymharol sydyn ar ôl staenio'r eitem.

9

Osgoi Llwydni

Mae yna rai camau ataliol y gallwch eu cymryd i helpu rhwystro llwydni rhag tyfu. Gwnewch yn siŵr eich bod yn awyru'r ardal yn rheolaidd trwy redeg ffan neu agor y ffenestr. Gallwch hefyd gymysgu dŵr a fodca, mewn rhannau cyfartal, i wneud glanhâwr sydd hefyd yn helpu i atal twf llwydni.

10

Cola ar gyfer Glanhau Toiledau



Os ydych chi wedi darganfod ei bod hi'n anodd glanhau'r staeniau yn y toiled, arllwyswch gan o cola i'r fowlen a'i adael yn llonydd am 5-10 munud. Mae hyn yn helpu i chwalu'r staeniau, ac yna gallwch sychu'r olion brwnt i ffrdd yn hawdd.

Ailgylchu

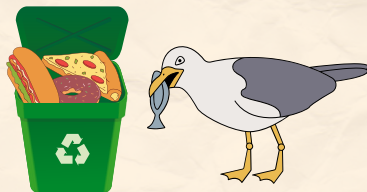


Ailwampio

Gan gychwynu ar yr **6ed o Ebrill 2024**, yn unol â deddfwriaeth newydd y llywodraeth, bydd y Brifysgol yn rhoi biniau ailgylchu ychwanegol ar y campws.



Bydd y **Bin Glas** newydd ar gyfer papur a cherdyn. Bydd y **Bin Coch** ar gyfer plastig a metel. Bydd y **Bin Gwyn** ar gyfer gwastraff cyffredinol.



Bydd **biniau bwyd** ar gael mewn ceginau o amgylch y campws a byddant yn parhau i fod mewn ceginau llety



Bydd hi'n haws cael gafael ar **finiau gwydr** ledled y gampws a byddant yn parhau i fod mewn ceginau llety

Gostyngiadau i Fyfyrrwyr

UNiDAYS

- Gallwch gael dros 100 o fargeinion!
- Gallwch greu cyfrif yn rhad ac am ddim
- Gwiriwch eich cyfrif gyda'ch e-bost myfyriwr
- Gallwch ddefnyddio eu gwefan neu lawrlwytho'r ap



- Nid oes angen cyfrif
- Mae'n rhad ac am ddim i'w ddefnyddio
- Agorwch eu dewislen a chliciwch ar 'Deals' yna 'Student Discounts'
- Mae'r rhain yn cael eu diweddarau'n rheolaidd felly byddwch chi bob amser yn cael y fargen orau!



- Dewiswch eich cynllun tanysgrifio
 - Mae'r rhain yn amrywio
 - £14.99 am 1 flwyddyn
 - £24.99 am 3 blynedd
- Mae'r cerdyn hwn yn rhoi cyfle i chi gynnig am dros 200 o fargeinion yn y DU yn ogystal â bargeinion rhyngwladol!



- Gallwch ddefnyddio eich e-bost myfyriwr i gael 50% o ostyngiad ar Amazon Prime.
- Mae hyn yn golygu cludiant am ddim, yn ogystal â chael defnyddio Prime Video, Prime Gaming, ac Amazon Music!

Darganfyddwch pa Lety ydych chi!

Sut ydych chi'n trin bwyd sbeislyd?

- Wrth fy modd, y mwyaf sbeislyd, y gorau oll!
- O bryd i'w gilydd, ond dim byd rhy eithafol.
- Dim ond awgrym o sbeis i fi.
- Ddim yn un sy'n hoffi sbeis; mae'n well gen i flasau ysgafn.
- Gallaf ddelio â rhywfaint o wres, ond dim gormod.
- Sbeisys? Na dim diolch.

Dewiswch fath o gerddoriaeth sy'n cyd-fynd â'ch personoliaeth:

- Alawon sy'n codi'r galon ac yn llawn egni.
- Cymysgedd eclecticig gydag ambell guriad egniol.
- Cerddoriaeth glasurol neu draddodiadol.
- Cerddoriaeth esmwyth neu atmosfferig.
- Rhestr chwarae amrywiol, o'r tawel i'r dwys.
- Seiniau natur neu gerddoriaeth offerynnol tawel.

Dewiswch fath o ddiodydd sy'n cyd-fynd â'ch personoliaeth:

- Diod fentrus.
- Diod gytbwys.
- Te neu goffi clasurol.
- Te llysieuol neu ddŵr.
- Amrywiaeth o ddiodydd.
- Te camri digynnwrf.

Sut ydych chi'n mynegi eich emosiynau?

- Yn uchel eich cloch ac yn angerddol.
- Yn llawn mynegiant ond gyda rhywfaint o reolaeth.
- Yn draddodiadol, gyda hunanfeddiant.
- Yn rhesymegol ac yn ymarferol.
- Yn gymdeithasol, rhannu emosiynau gyda ffrindiau.
- Yn ddigynnwrf ac yn fewnblyg.

Sut ydych chi'n delio â heriau neu rwystrau?

- Eu hwynebu yn syth ac yn eiddgar.
- Mynd i'r afael â nhw'n strategol.
- Myfyrio ar ddatrysiadau hanesyddol.
- Ymdrin â hwy yn ymarferol.
- Cydweithio a dod o hyd i atebion creadigol.
- Mae'n well gennyf ddull di-straen a hawdd.

Pa lefel o gyffro fydddech chi'n ei ddewis yn eich bywyd bob dydd?

- Ceisio gwefr yn gyson, bob amser yn chwilio am gyffro.
- Cyffro cymedrol gyda ffrwydradau achlysurol.
- Mwynhau trefn dawel gyda mymryn o bethau annisgwyl.
- Cadw pethau'n sefydlog ac yn rhagweladwy.
- Hoffi cymysgedd o dawelwch a chyffro.
- Mae'n well gennyf ffordd o fyw heddychlon a digynnwrf.

Sut ydych chi'n delio â phethau annisgwyl?

- Wrth fy modd, y mwyaf annisgwyl, y gorau oll!
- Mwynhau pethau annisgwyl o fewn rheswm.
- Mae'n well gen i achlysuron disgwylidig wedi eu cynllunio.
- Yn hoffi'r lleiafswm o bethau annisgwyl, mae pethau rhagweladwy yn well.
- Yn agored i bethau annisgwyl, yn enwedig gan ffrindiau.
- Annisgwyl? Rwy'n hoffi pethau i fynd yn ôl y bwriad.

Beth yw eich cyrchfan gwyliau delfrydol?

- Lleoliadau'n llawn antur fel jyngl neu fynydd.
- Dinas amrywiol gyda llawer o opsiynau adloniant.
- Lleoliad hanesyddol neu diwylliannol.
- Ymlacio ar draeth neu encil cefn gwlad.
- Dinas ddeinamig gyda chymysgedd o weithgareddau.
- Amgylchoedd naturiol tawel

Beth yw eich dull o gymdeithasu?

- Enaid y parti, bob amser yn cymdeithasu.
- Dewis a dethol wrth gymdeithasu, gyda ffrindiau agos.
- Mynd i ddigwyddiadau diwylliannol neu hanesyddol.
- Treulio amser yn achlysurol gyda rhai ffrindiau.
- Cymryd rhan mewn gweithgareddau a digwyddiadau grŵp.
- Mwynhau eiliadau tawel gyda grŵp clos.

Dewiswch Arogl:

- Sinamon a clofs.
- Sitrws gydag awgrym o sbeis.
- Pren sandal ac arogleuon traddodiadol.
- Arogleuon glân a chynnil.
- Blodau sbeislyd neu gymysgedd o arogleuon.
- Arogleuon ffres ac wedi'u hysbrydoli gan natur.

Atebion i'r Cwis a Chwilair

Pa lety ym Mhrifysgol Aberystwyth yw eich llety chi?

- 'a' yn bennaf: **Pantycelyn** yw eich llety!
 - 'b' yn bennaf: **Trefloyne** yw eich llety!
 - 'c' yn bennaf: **Fferm Penglais** yw eich llety!

- 'd' yn bennaf: **Cwrt Mawr** yw eich llety!
 - 'e' yn bennaf: **Pentre Jane Morgan** yw eich llety!
 - 'f' yn bennaf: **Rosser** yw eich llety!

Dod o hyd i'ch CP: Chwilair

Dewch o hyd i enwau pob CP yn y chwilair isod!

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | N | E | N | E | I | E | H | A | A | Y | E | E | H |
| L | B | H | M | L | L | A | U | N | N | I | K | O | N |
| M | E | A | A | M | K | A | O | A | A | I | Y | I | H |
| J | L | S | G | B | S | A | B | M | C | M | R | L | L |
| J | I | J | A | N | L | S | H | E | J | Y | E | A | L |
| H | M | L | C | E | B | H | J | E | A | L | A | M | M |
| A | E | L | U | C | Y | E | A | E | N | E | A | A | R |
| E | H | J | O | S | I | A | H | A | C | S | N | A | N |
| I | A | A | L | L | K | W | R | M | Y | L | I | W | G |
| G | E | A | Y | J | O | E | E | J | Y | E | M | I | A |
| I | E | G | A | Y | I | Y | M | A | N | M | A | C | I |
| C | C | E | E | K | I | L | C | M | B | O | C | A | J |
| M | S | M | I | L | L | N | E | E | E | M | H | S | I |
| G | M | A | U | E | E | M | S | S | G | N | A | I | I |



James



Meg



Myles



Gwilym



Ash



Jacob



Anamé



Kieran



Enlli



Marina



Josiah



Lucy

Digwyddiadau Misol

Clwb Llyfrau

Rydym yn cyfarfod yn fisol i drafod ein hoff lyfrau!



Clwb Cerddorol

Rydym wrth ein bodd â Sioeau Cerdd! Ymunwch â ni i gael popgorn, diodydd a sioe gerdd am ddim.



Astudio gyda Ni

Angen cwmni i astudio? Ymunwch â ni yn ein sesiynau astudio misol!



Diwrnod Gemau Bwrdd

Wrth eich bodd â gemau? Ymunwch â ni ar gyfer gemau bwrdd a gemau fideo!



Noson Sinema

Ymunwch â ni am ffilm wahanol bob mis yng Nghanolfan y Celfyddydau!



Am fwy o wybodaeth edrychwch ar ein cyfryngau cymdeithasol!



eich hoff ddigwyddiadau eto ac eto

RYDYM YN RECRIWTIO

Cynorthwywyr Preswyl (CP) AR GYFER 2024/2025

Fel Cynorthwydd Preswyl, byddwch yn rhoi cefnogaeth i gyfoedion, yn cyfeirio myfyrwyr at wasanaethau ym Mhrifysgol Aberystwyth ac yn gweithio i greu cymuned o fewn llety'r Brifysgol.

GWNEWCH GAIS I YMUNO Â'N TÎM:

- Cyfradd cyflog fesul awr
- Meithrin sgiliau bywyd gwerthfawr a phrofiad gwaith
- Cwrdd â phobl newydd

ORIAU GWAITH:

- Patrwm shifft e.e: 17:30 yh - 21:00 yh (tua 2 shifft yr wythnos)
- Cyfarfod tîm wythnosol
- Gweithio hyd at 15 awr yr wythnos - yn ystod y tymor

Ceisiadau ar agor: 9:00 yb - Dydd Llun 5 Chwefror 2024

Ceisiadau yn cau: 10:00 yb - Dydd Llun 26 Chwefror 2024

I gofrestru eich diddordeb, e-bostiwch y tîm Bywyd Preswyl ar llety@aber.ac.uk a byddwn yn anfon manylion y swydd a'r ffurflen gais atoch!



Linktree

BywydAberLife



Llinell Gymorth 24/7: 01970 62 2900 | 24/7 University Helpline: 01970 62 2900

Newsletter

SEMESTER 2

Which
accommodation
are you?
Quiz inside!

Job
Opportunity

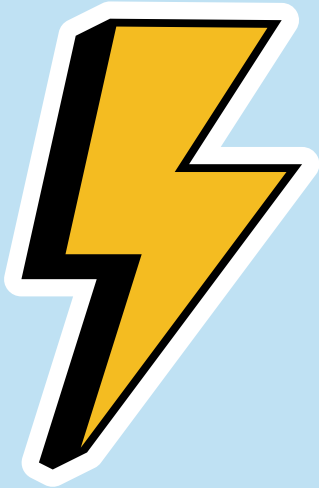
Student
Discounts &
Money Saving
Tips

BywydAberLife

1 RA Service

2 Food Cost Comparisons

3 Origami Heart

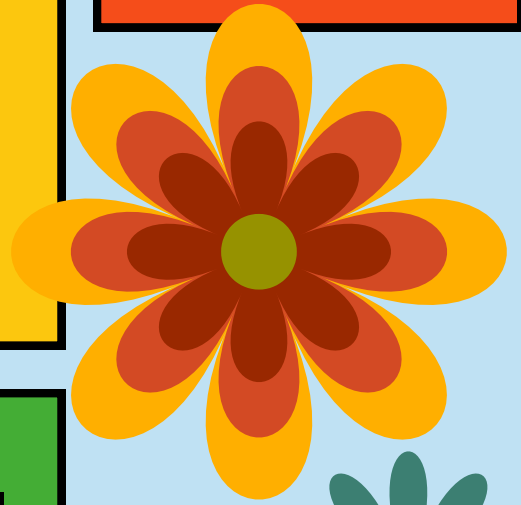


4 Cleaning Hacks

5 Recycling

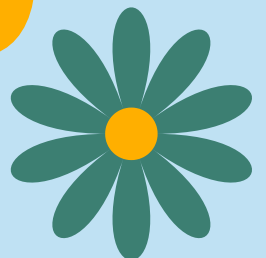
6 Student Discounts

7 Quiz



8 Word Search

9 Monthly Events



10 RA Job Advertisement



The RA Service



What is an RA?

Your Residence Assistants (RAs) are students here to provide you with support and guidance. They can help in resolving flat disputes, advise on how to combat exam stress, give information on events and activities around the area, or help you find the best cup of tea in Aber!

Patch Rounds Service

These are visits by your RA and are an opportunity for you to speak to a member of staff about any concerns you might be having whilst living in accommodation. Your RA will also give you events posters.

Drop-Ins

As the name suggests, this is an opportunity for you to 'drop in' and speak to an RA between your patch round visits. You can find the times and locations on the back of your FMA and on our website.

FMA Revisits (Flatmate Agreement Meeting)

If you are having any problems in your flat/house and would like to have another Flatmate Agreement you can request one by emailing the Accommodation Office or speaking to your RA.



Food Cost Comparisons

This article will show the difference between the cost of 5 key items (at the time of writing) from different stores around Aberystwyth, and all prices are base prices (no Clubcards were used). We tried to compare similar items, but, in some circumstances, similar items or similar measurements of items may vary.

| | Bread (Hovis Soft white medium) | Whole Milk (4 pints) | Washing-up Liquid (500ml) | Kellogg's Coco Pops (420g) | Spaghetti (500g) |
|-----------|------------------------------------|-------------------------|------------------------------|----------------------------------|---------------------|
| Tesco | £1.39 | £1.45 | 69p | £3.30 | 28p |
| Morrisons | £1.45 | £1.45 | 75p | £3.29 | 28p |
| CKs | £1.60 | £1.80 | 85p | £3.29 | £1.19 |
| Lidl | £1.39 | £1.45 | 69p | £1.19* | £28p |



*This is the price for Lidl own brand 'Choco Rice Cereal'

Please note that all prices are correct at the time of writing and prices may vary.

Origami Heart



Front



Back



1. Fold the right edge of the paper over to the left.



2. Unfold the previous step.



3. Fold the bottom edge of the paper up to the top edge.



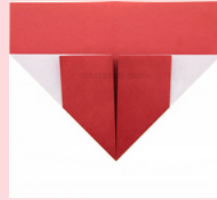
4. Unfold the previous step.



5. Fold the bottom edge of the paper up to the central crease.



6. Fold the bottom right corner diagonally up to the left, aligning it with the vertical crease.



7. Fold the bottom left corner diagonally up to the right, aligning it with the vertical crease.



8. Flip the paper over to the other side, from left to right.



9. Fold the left and right edges to meet in the middle.



10. Fold the top left and right corners diagonally inwards.



11. Bring the top point down to the bottom point and start to flatten it down.



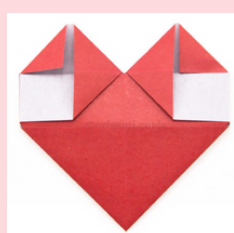
12. Insert the top point inside the lower pocket.



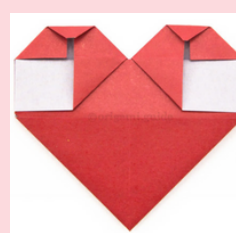
13. This is what your origami heart should look like now.



14. Flatten the top section of the heart.



15. Fold the top left and right corners diagonally inwards.



16. Fold the two top points of the heart down a little.



Done!

by Origami Guide

Cleaning Hacks

1

Lemon + Baking Soda Cleaner

Mixing these 2 ingredients makes a great cleaner! Use this combination to clean stainless steel, such as your pots, pans, or sink.



2

Water + Vinegar

Mix these 2 liquids in equal parts, creating a great surface cleaner! To use as a shower head cleaner, mix in a plastic bag, tie around the shower head using rubber bands, and leave 10-15 minutes. For extra cleaning, scrub the shower head after soaking.

3

Cleaning your Carpet with Baking Soda

Baking soda makes a great carpet cleaner! You can mix baking soda and essential oils, sprinkle this over your carpet, then vacuum it back up. This will help deodorise your carpet! You can also leave baking soda on a carpet stain for 15 minutes, then vacuum it up; thus getting rid of the stain!

4

Re-utilise Old Clothing

Use your old clothes (i.e. a sock, leggings, torn shirt) as a duster or cleaning rag.



5

Cleaning your Microwave

Mix water and lemon juice, then microwave the mixture on high for 2 minutes. This will make it easy to wipe away the mess and make your kitchen smell nicer!

6

Reuse your Old Toothbrush

Use your old toothbrush to clean those hard to reach spots around your flat!



7

Make your Sponges Last Longer

By microwaving your sponge for 2 minutes on high, you can kill the bacteria and make it last longer!



8

Getting Rid of Clothing Stains

To prevent a stain on your clothes, use dish liquid and some warm water. Make sure to do it relatively quickly after initially staining the item.

9

Avoiding Mildew

There are a few preventative measures you can take to help avoid mildew growing. Make sure you're well ventilating the area regularly by running a fan or opening the window. You can also mix water and vodka, in equal parts, to make a cleaner that also helps prevent mildew growth.

10

Cola for Toilet Cleaning

If you've found that it's a struggle to clean the stains in the toilet, pour a can of cola in the bowl and let it sit for 5-10 minutes. This helps break down the stains, and you can then easily wipe away the mess.



Recycling

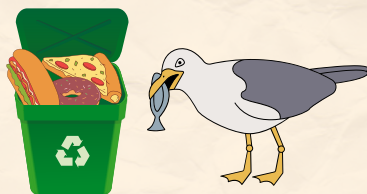


Revamped

Starting **6th April 2024**, in line with new government legislation, the University will be adding an additional recycling bins to campus.



The new **Blue Bin** will be for paper and card. The **Red Bin** will be for plastic and metal. The **White Bin** will be for general waste.



Food bins will be available in kitchenettes around campus and will stay in accommodation kitchens



Glass bins will be more readily available across campus and will stay in accommodation kitchens

Student Discounts

UNiDAYS

- Get access to over 100 deals!
- Make a free account
- Verify your account with your student email
- You can use their website or download their app



- No account required
- Free to use
- Open their menu and click 'Deals' then 'Student Discounts'
- These are updated regularly so you'll always get the best deal!



- Choose your subscription plan
 - These range from £14.99 for 1 year to £24.99 for 3 years
- This card gives you access to over 200 UK deals as well as international deals!



- You can use your student email to get 50% off on *Amazon Prime*.
- This means free delivery, as well as access to Prime Video, Prime Gaming, and Amazon Music!

Find out what Accommodation you are!

How do you handle spicy food?

- a. Love it, the spicier, the better!
- b. Occasionally, but nothing too extreme.
- c. Only a hint of spice for me.
- d. Not a fan; I prefer mild flavours.
- e. I can handle some heat, but not too much.
- f. Spices? No, thank you.

Choose a type of music that matches your personality:

- a. High-energy and upbeat tunes.
- b. Eclectic mix with some energetic beats.
- c. Classic or traditional music.
- d. Easy-listening or ambient music.
- e. Varied playlist, from calm to intense.
- f. Nature sounds or soft instrumental music.

Choose a beverage that matches your personality:

- a. A bold beverage.
- b. A well-balance drink.
- c. Classic tea or coffee.
- d. Herbal tea or water.
- e. A variety of beverages.
- f. Tranquil chamomile tea.

How do you express your emotions?

- a. Loudly and passionately.
- b. Expressive but with some restraint.
- c. Traditionally, with poise.
- d. Rationally and pragmatically.
- e. Socially, sharing emotions with friends.
- f. Calmly and introspectively.

How do you handle challenges or obstacles?

- a. Confront them head-on with gusto.
- b. Tackle them strategically.
- c. Reflect on historical solutions.
- d. Approach them with practical solutions.
- e. Collaborate and find creative solutions.
- f. Prefer a stress-free, easy-going approach.

What's your preferred level of excitement in daily life?

- a. Constant thrill-seeker, always seeking excitement.
- b. Moderate excitement with occasional bursts.
- c. Enjoy a calm routine with subtle surprises.
- d. Keep it steady and predictable.
- e. Like to mix it up between calm and excitement.
- f. Prefer a peaceful and tranquil lifestyle.

How do you handle surprises?

- a. Love them, the more unexpected, the better!
- b. Enjoy surprises within reason.
- c. Prefer planned and expected moments.
- d. Like minimal surprises, prefer predictability.
- e. Open to surprises, especially from friends.
- f. Surprises? I like things to go as planned.

What's your ideal vacation destination?

- a. Adventure-filled destinations like a jungle or mountain.
- b. Diverse city with lots of entertainment options.
- c. Historical or cultural destination.
- d. Relaxing beach or countryside retreat.
- e. Dynamic city with a mix of activities.
- f. Serene natural surroundings

What's your approach to socialising?

- a. Life of the party, always socialising.
- b. Socialising selectively, with close friends.
- c. Attending cultural or historical events.
- d. Casual hangouts with a few friends.
- e. Participating in group activities and events.
- f. Enjoying quiet moments with a close-knit group.

Choose a scent:

- a. Cinnamon and cloves.
- b. Citrus with a hint of spice.
- c. Sandalwood and traditional scents.
- d. Clean and subtle scents.
- e. Spicy florals or a mix of scents.
- f. Fresh and nature-inspired scents.

Quiz Answers & Word Search

What Aberystwyth University Accommodation are you?

- Mostly a's: You're **Pantycelyn!**
- Mostly b's: You're **Trefloyne!**
- Mostly c's: You're Fferm **Penglais!**

- Mostly d's: You're **Cwrt Mawr!**
- Mostly e's: You're **Pentre Jane Morgan!**
- Mostly f's: You're **Rosser!**

Find your RAs Word Search

Find the names of each RA in the word search below!

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| U | I | N | J | A | N | A | J | A | M | L | G | R | A |
| I | I | L | A | J | G | G | K | I | E | R | A | N | G |
| M | I | L | L | E | J | G | W | I | L | Y | M | A | S |
| H | O | M | O | N | S | E | L | Y | M | M | A | L | A |
| I | W | R | U | B | E | J | A | M | G | S | C | L | G |
| S | A | I | I | G | J | O | S | L | Y | W | A | M | S |
| E | Y | E | I | A | G | S | E | M | A | N | A | H | Y |
| M | L | I | E | S | J | I | M | A | R | I | N | A | E |
| A | A | I | N | Y | E | A | A | L | M | I | H | L | O |
| J | N | I | M | L | A | H | W | K | A | Y | M | N | I |
| S | R | G | E | J | S | M | M | M | L | A | I | I | A |
| M | A | J | L | A | S | A | E | N | G | N | U | R | K |
| L | M | I | L | R | I | S | S | G | J | A | C | O | B |
| H | M | M | M | A | E | H | A | M | H | L | U | C | Y |



James



Meg



Myles



Gwilym



Ash



Jacob



Anamé



Kieran



Enlli



Marina



Josiah



Lucy

Monthly Events

Book Club

We meet monthly to discuss our favourite books!



Musical Club

We love musicals! Join us for a free popcorn, drinks, and a musical.



Study with Us

Need a study buddy? Join us at our monthly study sessions!



Games Day

Love games? Join us for boardgames and video games!



Cinema Night

Join us for a different film every month in the Arts Centre!



Find out more by checking our Social Media!



your favourite events on repeat



WE'RE RECRUITING

Resident Assistants (RA's) FOR 2024/2025

As an RA you will provide peer-to-peer support, signpost services to students at Aberystwyth University and work towards building a community within University accommodation.

APPLY TO JOIN OUR TEAM:

- Hourly rate of pay
- Gain valuable life skills and work experience
- Meet new people

WORKING HOURS:

- Shift pattern eg: 17:30 pm - 21:00 pm (approximately 2 shifts per week)
- A weekly team meeting
- Working up to 15 HOURS per week - during term time

Applications open: 9:00 am - Monday 5th February 2024
Applications close: 10:00 am - Monday 26th February 2024

To register your interest please e-mail the Res Life team at accommodation@aber.ac.uk and we will forward you the job specification and application form!



Linktree

BywydAberLife



Llinell Gymorth 24/7: 01970 62 2900 | 24/7 University Helpline: 01970 62 2900